

ENDS AND TRENDS WITH KIM AND KAREN

Kim's Tip: Summer Hair Care Styling Tips



The warmer seasons can be brutal to your hair. Try some of these hair styling tips to keep your tresses fabulous and healthy!

- **Achieving the Best Blow Dry Styles** – To help prevent a frizzy blow dry, make sure your hair is 100 percent dry. A touch of dampness can cause frizz, so it's worth the extra time to get all the moisture out of your hair.
 - **Using the Right Brush for Blow Drying** – To prevent dullness and breakage, use a brush with natural bristles and a wooden or ceramic barrel. Metal brushes get hot and can damage your hair.
 - **Try Heated Rollers** – Give your hair a break from curling and flat irons with heated rollers. It takes a little longer to heat the rollers but it's less damaging to your hair.
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